

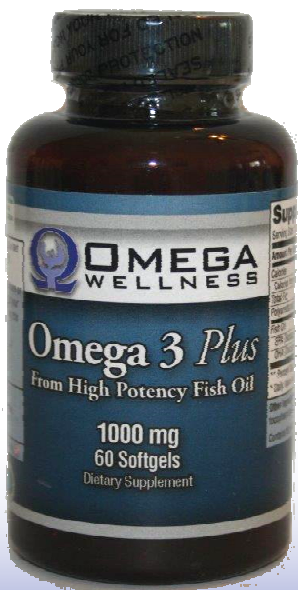


OMEGA
WELLNESS

OMEGA 3 Fish Oil

- ◆ **Benefits immune system and central nervous system**
- ◆ **May reduce pain for osteoarthritis patients**
- ◆ **Has been demonstrated to reduce triglycerides**
- ◆ **Supports cardiovascular health by reducing blood pressure and lowering cholesterol**
- ◆ **Helps with brain function**

There are 2 main types of essential fatty acids, Omega-3 and Omega-6. The average American consumes too much Omega-6 and is low on Omega-3. The Omega-3 is high in 2 fatty acids, EPA and DHA, which are pivotal in preventing many diseases. Research has indicated Omega-3 is instrumental in regulating inflammation, blood pressure and hormone production.



Dosage:

1 soft gel 1 – 3 times per day

Precautions:

Pregnant – consult your health care provider Omega-3 will inhibit blood clotting, consult your health care provider if you have a bleeding disorder or if you are on Anticoagulants Discontinue 2 days prior to a surgery

These statements have not been evaluated by the Food and Drug Administration

Ask your doctor if this product will benefit you.

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